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## Effect of milk heat treatment on molecular interactions during the process of Qishta, a Lebanese dairy product

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1 **Effect of milk heat treatment on molecular interactions during the process of Qishta, a**  
2 **Lebanese dairy product**

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26 ABSTRACT

27

28 Protein-protein cross-linking and protein-fat interactions in the traditional Lebanese dairy  
29 product, Qishta, were investigated. Liquid chromatography coupled to mass spectrometry was  
30 used for the detection of lysinoalanine (LAL) and lanthionine (LAN) during the production of  
31 Qishta, which is made by heating whole milk in an open shallow vessel for more than 2 h and  
32 harvesting the surface aggregates formed. LAL and LAN cross-links were seen in Qishta at  
33 concentrations higher than those in milk, indicating their importance in the gel formation and  
34 therefore their impact on Qishta texture. Disulphide bridges were also involved in Qishta  
35 formation. The amino acid residues (cysteine, serine or threonine) involved in the  $\beta$ -elimination  
36 and in dehydroalanine formation were identified. Confocal scanning laser microscopy showed  
37 the role of fat globules in the gel structure.

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## 43 1. Introduction

44

45 Heat treatment of milk during the process of dairying, either for cheese making, cream  
46 separation or any milk by-product formation, results in a number of interactions involving milk  
47 components, such as proteins, minerals and fat. According to the process and the severity of heat  
48 treatment applied, a large number of chemical, physical and biochemical reactions occur in milk  
49 (Al-Saadi, Easa, & Deeth, 2013). These reactions are of high importance, since they determine  
50 both the texture and the organoleptic properties of the final product. The major reactions during  
51 milk heat treatment are denaturation and aggregation of proteins, fat coalescence, interactions  
52 between fat globules and proteins, and Maillard reactions (Corredig & Dalgleish, 1996).

53 Qishta is a heat-treated dairy product widely consumed in Lebanon (Najib et al., 2020). In  
54 the Middle East, different spellings are used for Qishta, such as Kishta, Kashta or Ghishta (Al-  
55 Saadi et al., 2013). Qishta, defined as a dairy product containing equal amounts of fat and  
56 protein, is obtained by heating whole milk in an open shallow vessel for 2 to 3 h. At the end of  
57 the process, the coagulum formed at the milk surface will be gathered and drained to form  
58 Qishta.

59 Protein cross-linking has been studied during the preparation of some food products. Al-  
60 saadi et al. (2013) defined cross-linking as covalent interactions within the same protein  
61 (intramolecular) or between two different proteins (intermolecular). It has been demonstrated  
62 that protein cross-linking can improve gel network of yoghurt (Lauber, Klostermeyer, & Henle,  
63 2001) and can prohibit age gelation in UHT milk (Datta & Deeth, 2001). Disulphide bonds were  
64 the first type of cross-links detected in food (Gerrard, 2002). Sulphydryl-disulphide linkages  
65 were also reported to have an impact on the protein-fat interactions. Ye, Singh, Taylor, and

66 Anema (2004) showed that disulphide bridge associated  $\beta$ -lactoglobulin ( $\beta$ -Lg) and  $\alpha$ -  
67 lactalbumin ( $\alpha$ -LA) to the milk fat globule membrane (MFGM) during heat treatment of milk.  
68 Xenobiotic cross-links such as lysinoalanine (LAL), lanthionine (LAN) and  
69 histidinoalanine (HAL) constitute new type of cross-links found in food matrix and dairy  
70 products (Anema & Li, 2003; Buchert et al., 2010; Cartus, 2012; Hasegawa, Mukai, Gotoh,  
71 Honjo, & Matoba, 1987; Miller, Spinelli, & Babbitt, 1983; Rombouts, Lambrecht, Carpentier, &  
72 Delcour, 2015; Sieber, Bütikofer, Kaldas, & Rehberger, 2007). Their formation involved two  
73 steps:  $\beta$ -elimination yielding dehydroalanine (DHA), and condensation reactions (Friedman,  
74 1999). The presence of LAL has been confirmed in a large variety of milk products such as  
75 pasteurised milk, UHT milk and whey protein concentrate, but at different levels (Annan &  
76 Manson, 1981; Faist, Drusch, Kiesner, Elmadfa, & Erbersdobler, 2000; Friedman, 1999). For a  
77 long time, the presence of LAL has been considered as undesirable and its presence has been  
78 suggested to have a toxic effect. In fact, histopathological changes in renal cells, also known as  
79 nephrocytomegaly, have been observed in rat experiments after consuming soy protein  
80 containing LAL (Woodard & Short, 1973). However, Sieber et al. (2007) reported that the  
81 presence of cross-links connecting the proteins, such as LAL, does not have a toxic effect on  
82 human health. In addition, LAL has been identified in a large variety of food products, such as  
83 legume protein (Friedman, 1999), meat protein (Visser, Slangen, & Rollema, 1991), fish protein  
84 (Miller et al., 1983) and infant formulas (Anema, 2000).

85 The aim of this study was to understand the mechanisms of Qishta formation and to  
86 understand the interactions between proteins and also between proteins and milk fat globules.  
87 For that, the presence of protein crosslinks such as disulphide bonds, LAL and LAN in Qishta  
88 was investigated.

89

## 90 **2. Materials and methods**

91

### 92 *2.1. Materials*

93

94 The stainless steel shallow flat surface used in Qishta production has a diameter of 50 cm,  
95 a capacity of 3 L and a thickness of 2 mm. It was provided by Nafco (Lebanon) and the burner  
96 from AEM (Chelles, France). UHT milk was purchased from Lactel (France). Lactic acid was  
97 purchased from Fischer Scientific (UK).

98

### 99 *2.2. Qishta preparation procedure*

100

101 Milk (3 L) was prepared by adding 1 mL of lactic acid, which is the amount needed to  
102 decrease the pH from 6.7 to 6.4 (procedure applied by the “Hallab 1881” company, located in  
103 Tripoli, Lebanon). The traditional process consists of heating milk for 2 to 3 h and gathering the  
104 aggregates formed at the milk’s surface. During the heat treatment, and depending on the  
105 evaporation rate, milk is usually added to readjust its level in the plate. In this study, milk was  
106 not added to keep the milk’s composition constant, and therefore the process was interrupted  
107 after 25 min of heating.

108

### 109 *2.3. SDS-PAGE analysis*

110

111 Samples of UHT milk (Lactel) and Qishta were analysed by SDS-PAGE under reduced  
112 and non-reduced conditions according to the method described by Anema (2000). The resolving  
113 and stacking gel contained 12–15% and 4% acrylamide, respectively. Electrophoresis was  
114 performed using a vertical electrophoretic unit type TV200YK twin-plate, associated with the  
115 source voltage EV202. SDS PAGE was performed at 30 V until the samples had completely left  
116 the stacking gel, then the voltage was increased to 90 V until the tracking dye reached 80% of  
117 the gel. Staining of gels was performed in 0.23% solution of Coomassie Blue R-250, containing  
118 3.9% (w/v) TCA, 6% (v/v) acetic acid and 17% (v/v) methanol, for 90 min. The  
119 electropherogram obtained from SDS-PAGE was converted by image converter software and  
120 then analysed using the ImageJ 1:46 software. Each protein was identified by comparing the  
121 migration distance of each band with that of a protein marker having known molecular mass. The  
122 intensity of the patterns corresponds to a grey value that varies between 0 and 250.

123

#### 124 2.4. *Sample preparation for quantification and cross-links analysis*

125

126 Milk samples (1 mL) or 10 mg of Qishta were added separately into 15 mL tubes. To  
127 denature the samples, 1 mL of 8 M urea, 150 mM NaCl and 100 mM ammonium bicarbonate was  
128 added. The mixtures were then vortexed for 30 min at 4 °C with Vortex-Genie 2™ (Scientific  
129 Industries, Bohemia, USA). Eight millilitres of chloroform methanol (1:2, v/v) were added to the  
130 samples and the mixture was vortexed for 30 min. A triphasic solution with protein interphase  
131 was produced. To maximise the separation of phases, the tubes were centrifuged at  $4032 \times g$ , 4  
132 °C for 30 min using Centrifuge Allegra® 64R (Beckman Coulter, Brea, USA). Both upper and  
133 lower phases were carefully discarded. The interphase was dried under air vacuum using a

134 sample concentrator for 60 min (SBH130, Stuart, Staffordshire, UK). The dry interphase,  
135 containing protein, was resuspended by adding 1 mL of 6 M urea, 150 mM NaCl, 100 mM  
136 ammonium bicarbonate and the mixture was vortexed overnight at 4 °C. Protein extracts were  
137 stored at –80 °C until use.

138

#### 139 2.5. *In-gel digestion and LC-MS/MS analysis*

140

141 The protein bands were excised from the gel and digested using trypsin digestion. All  
142 digestion were analysed by LC-MS/MS. LC-MS/MS protein analysis was performed on an  
143 Orbitrap Q-Exactive plus Mass Spectrometer hyphenated to a U3000 RSLC Microfluidic HPLC  
144 System (Thermo Fisher Scientific, Waltham, MA, USA) (Helle et al., 2018). For details, see  
145 Supplementary material A.

146

#### 147 2.6. *Digestion and analysis in LC-MS/MS*

148

149 All samples were prepared using a modified enhanced Filter Aided Sample Preparation  
150 (eFASP). eFASP was used to increase proteome coverage and sample recovery for quantitative  
151 proteomic experiments (Erde, Loo, & Loo, 2014; Helle et al., 2019). For details, see  
152 Supplementary material A.

153

#### 154 2.7. *Bioinformatics identification and quantification*

155



156 Raw files from in-gel digestion were analysed using the Proteome Discoverer™ software  
157 (Thermo Scientific, version 2.2). The SEQUEST algorithm was used for database searches with  
158 the UniProtKB/Swiss-Prot Bovine database (*Bos taurus*, January 2018, Sequences: 6014). For  
159 details, see Supplementary material A.

160 Analysis of milk samples using LC-MS/MS from eFASP digestion data was performed  
161 using MaxQuant (*version 1.5.3.30*). Cox and Mann (2008) search was used for database  
162 searching against the UniProtKB/Swiss-Prot Bovine (*Bos taurus*, January 2018, Sequences:  
163 6014). For details, see Supplementary material A.

164

#### 165 2.8. *Identification of cross-links*

166

167 Raw files from eFASP and in-gel digestion were analysed using Mass Spec Studio v  
168 2.1.2.3107 (Sarpe et al., 2016). LAL cross-links between serine and lysine were examined using  
169 a mass shift of  $-18.01056$  Da due to the elimination of H<sub>2</sub>O, while LAN cross-links between two  
170 cysteine residues as well as LAL between cysteine and lysine were searched using a mass shift of  
171  $-33.9877$  Da due to the elimination of H<sub>2</sub>S. Carbamidomethyl cysteine and methionine oxidation  
172 was set as dynamic modification. Trypsin was selected as an enzyme with 3 missed cleavages.  
173 Error of MS and MSMS precursor was set to 10 ppm. The minimum charge of peptides was set  
174 to 3 and the maximum was set to 8. Peptide cross-links with a score higher than 18 were  
175 considered for further analysis.

176

#### 177 2.9. *Microstructure characterisation*

178

179 Microstructure characterisation was performed using a confocal laser scanning  
180 microscope (CLSM). Samples were labelled with Nile Red and Fast Green to stain the fat  
181 globules and the proteins, respectively. Nile Red (10  $\mu$ L) and Fast Green (5  $\mu$ L) were added to 1  
182 mL of milk or 0.8 g of Qishta. Samples were gently mixed to avoid structure degradation.  
183 Samples were kept at room temperature (20 °C) for, at least, 15 min before observations and then  
184 100  $\mu$ L of milk and 0.1 g of Qishta were placed in Lab-Tek chamber (Nunc™ Lab-Tek™ II  
185 Chambered Cover glass). Confocal laser scanning microscope (ZEISS LSM 780, Carl Zeiss  
186 Micro Imaging GmbH) was used to characterise emulsion microstructures. Images were acquired  
187 with a Plan Apochromat 40 $\times$  /1.3 numerical aperture oil immersion objective, using Zen  
188 Software (Carl Zeiss Micro Imaging GmbH). Fluorophore excitations were performed using 561  
189 nm laser line for Nile Red imaging and 633 nm laser line for Fast Green.

190

### 191 2.10. *Statistical analysis*

192

193 One-way analysis of variance (ANOVA) was conducted using the SPSS software for  
194 Windows (version 13.0, SPSS). A Duncan test was carried out to assess any significant  
195 differences between the means. Differences were considered statistically significant when  $P \leq$   
196 0.05.

197

## 198 3. **Results and discussion**

199

### 200 3.1. *Chemical composition of Qishta and Lacte milk obtained by LCMS analysis*

201

202 To understand the protein interactions that occur during the heat treatment of milk, it was  
203 important to understand the most abundant proteins present in milk and those involved in Qishta  
204 formation. In milk and Qishta, 174 proteins were identified and quantified using the label-free  
205 method. Holland, Deeth, and Alewood (2004) identified more than 150 proteins in whole bovine  
206 milk, while in other studies 186 proteins have been identified in Holstein and Jersey cows' milk  
207 (Jensen, Poulsen, Møller, Stensballe, & Larsen, 2012; Vincent et al., 2015). The number of  
208 proteins identified depends on the technique used (Jensen et al., 2012). Table 1 shows the  
209 average relative abundance of the major proteins quantified in both milk and Qishta samples.  
210 Our findings showed that caseins and whey proteins are the most abundant proteins present in  
211 both milk and Qishta, and represent more than 97% of total protein present in the samples.  
212 Among the 6 major proteins,  $\beta$ -casein ( $\beta$ -CN; 38,251.8) and  $\alpha_{S1}$ -CN (27,499.9) were the most  
213 abundant while  $\alpha$ -lactalbumin was the least abundant. Lactadherin, serum albumin and  
214 lactoferrin were present as traces. Our results were in line with those of Jensen et al. (2012) and  
215 Abd El-Salam (2014), who found that casein and whey proteins represent almost 95 % of total  
216 proteins in milk.

217 Table 2 shows the percentages of the four main caseins ( $\alpha_{S1}$ -CN,  $\alpha_{S2}$ -CN,  $\beta$ -CN and  $\kappa$ -  
218 CN) and the two major serum proteins ( $\beta$ -Lg) and ( $\alpha$ -LA) present in fresh raw milk, Swedish  
219 UHT milk and Lactel milk used during Qishta production. For fresh bovine milk, the level of  
220 proteins varies between 2.5% to 3.5%. This variation could be attributed to breeding, individual  
221 variation and nutrition status of the animals. The protein ratio casein/whey, in fresh milk is  
222 approximately 80/20 (Dalglish, 1993; Gellrich, Meyer, & Wiedemann, 2014). Karlsson,  
223 Langton, Innings, Wikström, and Lundh, (2017) showed that the amounts of caseins and whey  
224 proteins present in UHT milk were 87% and 13%, respectively. These results are in line with our

225 findings; however, the percentages of the individual caseins were different from those reported in  
226 previous studies (Dalglish, 1993; Heck, van Valenberg, Dijkstra, & van Hooijdonk, 2009;  
227 Karlsson et al., 2017).

228         The relatively high amount of  $\kappa$ -CN (15.9%) present in the UHT milk studied could be  
229 explained by an overestimation resulted from the interaction with  $\alpha_{S2}$ -CN through disulphide  
230 bonds. In fact, Miller et al. (1983) showed that the complete separation between  $\kappa$ -CN and  $\alpha_{S2}$ -  
231 CN is not always achieved. Fig. 1 shows the relative abundance of major proteins present in  
232 UHT Lactel milk and Qishta. No significant difference ( $P < 0.05$ ) was observed between the  
233 percentage of each protein in milk and Qishta, indicating that the heat treatment applied did not  
234 promote the denaturation of specific proteins in preference to others. Concerning UHT milk,  $\beta$ -  
235 CN (37%) and  $\alpha_{S1}$ -CN (27.5%) constitute the major parts (approximately 65%) of the casein  
236 while  $\alpha$ -LA represents the minor percentage ( $\approx 5\%$ ). Regarding Qishta, the gap between the  
237 highest and the lowest percentage decreased and reached 18% (31% in UHT milk).  $\beta$ -CN  
238 represented the major protein present in Qishta; however,  $\alpha_{S1}$ -CN,  $\kappa$ -CN and  $\beta$ -Lg have almost  
239 similar percentages ( $\approx 18\%$ ). The comparison between milk and Qishta showed that the  
240 percentages of  $\beta$ -CN and  $\alpha_{S1}$ -CN in the Qishta decreased while those of  $\beta$ -Lg and  $\alpha_{S2}$ -CN  
241 increased.

242         The high rate of  $\beta$ -Lg migration from milk to Qishta could be attributed to the high  
243 thermal sensitivity of this protein. In fact, when heating milk above 65 °C,  $\beta$ -Lg denatures  
244 (Anema, 2008).  $\beta$ -Lg has a free thiol group allowing interaction with casein micelles (Eigel et  
245 al., 1984). A complex between  $\beta$ -Lg and  $\kappa$ -CN can be formed through disulphide bridge during  
246 milk heat treatment, having a significant impact on Qishta's texture. The position of  $\kappa$ -CN on the  
247 surface of the micelles makes it more accessible for interaction with  $\beta$ -Lg (Anema, 2008).

248

249 3.2. *Protein-protein interaction*

250

251 3.2.1. *Identification of S-S crosslinks in Qishta by SDS-PAGE*

252 Fig. 2 shows a quantitative comparison between Qishta proteins under SDS-R and SDS-  
253 NR. The electropherogram was converted by image converter software and then analysed using  
254 ImageJ software. The intensity of the peak corresponding to  $\alpha$ -LA increased from  $\approx 215$  under  
255 SDS-NR to  $\approx 245$  under SDS-R; the same trend was observed for  $\beta$ -Lg and  $\kappa$ -CN. The major  
256 increase was observed for  $\beta$ -Lg with  $\approx 40\%$  from SDS-NR to the SDS-R (185 to 255). The  
257 intensity of high molecular weight aggregates (HMW) decreased from 250 under SDS-NR  
258 conditions to 240 under SDS-R. The addition of  $\beta$ -mercaptoethanol in SDS-R resulted in  
259 breaking of disulphide bonds between proteins. This change led to an increase in the intensity of  
260 individual proteins ( $\alpha$ -LA,  $\beta$ -Lg and  $\kappa$ -CN), with a major change especially occurring in  $\beta$ -Lg.  
261 The decrease of the aggregate intensity indicates that these proteins interacted through disulphide  
262 bridges. Heating milk above 65 °C causes the denaturation of whey proteins (Wijayanti, Bansal,  
263 & Deeth, 2014). According to the temperature intensity, time of heating, pH and protein  
264 concentration, the major denatured whey protein ( $\beta$ -Lg) will form a complex with casein  
265 micelles, which will directly impact the characteristics of the dairy product formed (Anema & Li,  
266 2003; Cho, Singh, & Creamer, 2003; Singh & Creamer, 1991).

267 Anema and Li (2003) reported that, during heat treatment of skim milk, the size of the  
268 casein micelles increased with the increase of denatured whey proteins, suggesting, therefore, the  
269 probable association between  $\beta$ -Lg and  $\kappa$ -CN. Cho et al. (2003) reported that the heat treatment  
270 exposed the hidden cysteine residue in  $\beta$ -Lg, consequently creating a reactive sulphhydryl group

271 that is able to interact through thiol-disulphide exchange reaction with  $\kappa$ -CN. This hypothesis  
272 was confirmed by the addition of thiol-blocking agents that prevent interactions between these  
273 two proteins (Purkayastha, Tessier, & Rose, 1967). In addition to the disulphide bonds, it was  
274 reported that hydrophobic and ionic interactions could play an important role in complex  
275 formation between  $\beta$ -Lg and  $\kappa$ -CN.  $\alpha$ -LA does not associate with casein micelles on its own like  
276  $\beta$ -Lg; instead, it has to form complexes with  $\beta$ -Lg to be later associated with casein micelle  
277 during prolonged heating (Thakur & Balaram, 2009). According to the results shown in Fig. 2, it  
278 can be concluded that disulphide bonds are involved in the coagulum formation. However, the  
279 presence of HMW aggregates after the addition of  $\beta$ -mercaptoethanol suggests the involvement  
280 of other types of cross-links in Qishta formation.

281 The LC-MS/MS Proteomic analysis of these HMW patterns, specifically those having a  
282 molecular weight between 50-60 kDa, showed the presence of  $\alpha_{S1}$ -CN,  $\alpha_{S2}$ -CN,  $\kappa$ -CN, BSA,  $\alpha$ -  
283 LA,  $\beta$ -Lg, lactoferrin, lactotransferrin.  $\alpha_{S1}$ -CN and  $\alpha_{S2}$ -CN were the two major proteins present in  
284 Qishta and milk samples analysed under the two conditions. However, the percentage relative  
285 abundance and the number of identified peptides of these proteins was higher under NR  
286 conditions, confirming the hypothesis that disulphide bonds are not the only cross-link that exists  
287 between the proteins forming the coagulum (Supplementary material B Table S1).

288

### 289 3.2.2. *Identification of LAL and LAN in milk and Qishta*

290 The mechanism of LAL and LAN formation consists of two steps (Fig 3): (i) DHA  
291 formation resulting from  $\beta$ -elimination of cysteine, serine or threonine; and (ii) Michael addition  
292 of lysine or cysteine to the DHA formed, leading to the formation of LAL or LAN, respectively  
293 (Faist et al., 2000; Friedman, 1999; Miller et al., 1983; Ritota, Costanzo, Mattered, & Manzi,

294 2017; Rombouts et al., 2015; Thakur & Balaram, 2009). The objective of our study was to  
295 investigate the presence of LAL and LAN in Qishta then to locate the peptide sequences  
296 involved in cross-link formation ( $\beta$ -elimination of cysteine, serine or threonine). This will assist  
297 in explaining the mechanism of Qishta formation and therefore show the impact of cross-links on  
298 the network structure formed during heat treatment of milk. The  $m/z$  ratio of the crosslinking  
299 peptides detected were compared with the theoretical ones. The high accuracy of Q-Exactive  
300 plus mass spectrometer (less than 5 ppm) allowed identification of the cross-links. Finally, the  
301 confirmation was done by the MS/MS spectra.

302 A crosslink analysis was performed on the in-gel digestion of the HMW Qishta bands and  
303 showed the presence of cross-links. Two  $m/z$  values of compounds present in Qishta matched  
304 with the theoretical  $m/z$  values of two peptide chains linked with LAL between serine, threonine  
305 and lysine residues. Analyses show the presence of LAL between  $\alpha_{S2}$ -CN (Table 5). The first  
306 internal crosslink was observed at  $m/z$  677.3096,  $z = 3$ , between the serine of the peptide  
307 NMAINPSK (position 25-32) and the lysine residue of the peptide ENLCSTFCK (position 33-  
308 41) from  $\alpha_{S2}$ -CN. Another internal crosslink was identified at  $m/z$  885.1151,  $z = 3$ , between the  
309 threonine of the peptide LTEEEK (position 153–158) and the lysine of the peptide  
310 HYQKALNEINQFYQK (position 77–91) from  $\alpha_{S2}$ -CN. The cross-link at  $m/z$  677.3096 was also  
311 identified in eFASP digestion. The identification of cross-links after in-gel digestion was more  
312 complex because peptides were difficult to extract from gels. Cross-link analysis is more  
313 efficient when the eFASP method was used on liquid samples.

314 Crosslink analysis from eFASP digestion shows six  $m/z$  values of compounds present in  
315 milk or Qishta matched with the theoretical  $m/z$  values of two peptide chains linked with LAL  
316 between serine and lysine residues. Four  $m/z$  values (925.8921, 677.3094, 648.5323, 465.9223)

317 were present in both milk and Qishta (Table 3; peptides 1, 4, 5 and 6). However, two  $m/z$  values  
318 (921.8939; 957.9172) were only present in Qishta samples (Table 3; peptides 2 and 3). The basic  
319 Local Alignment Search Tool (BLAST) was used to identify the peptide sequences involved in  
320 LAL cross-link formation and confirmed that the sequences were present exclusively in bovine  
321 proteins ( $\alpha$ -LA,  $\alpha_{S2}$ -CN and  $\beta$ -CN). Four of these inter-chain cross-links connected 2  $\alpha$ -La  
322 proteins, one connected 2  $\alpha_{S2}$ -CN and the last one connected  $\alpha_{S2}$ -CN with  $\beta$ -CN. Peptides 1, 2, 3  
323 and 5 engaged an identical peptide sequence 1 (DDQNP~~HSS~~NICN~~IS~~CDK) from  $\alpha$ -LA. It was  
324 not possible to identify which serine residue was involved in cross-link formation, since protein  
325 sequence 1 contains three serine residues. Fig. 4 shows the MS/MS spectra of quadruple charged  
326 double-chain peptide having a theoretical Mr of 3683.5756, originating from two peptide  
327 sequences linked with LAL residue between one of the three serine residues and lysine. The  
328 fragmentation of the parent ion yielded 16 y-fragments, 16 b-fragments, and 4 internal  
329 fragments.

330 Two detected  $m/z$  values of compounds detected only in UHT milk and Qishta (498.5855  
331 and 619.2674) matched with the theoretical  $m/z$  values of two peptide chains linked by LAN  
332 between two cysteine residues (Table 3; peptides 7 and 8). BLAST confirmed that the two  
333 sequences were present only in milk protein ( $\alpha_{S2}$ -CN and  $\alpha$ -LA). These two intra-chain cross-  
334 links occurred in both casein and whey protein ( $\alpha_{S2}$ -CN and  $\alpha$ -LA, respectively). No lanthionine  
335 was found resulting from the interaction between cysteine and DHA resulting from the  $\beta$ -  
336 elimination of serine residue. The comparison of theoretical fragmentation patterns with the  
337 MS/MS spectra obtained allowed the confirmation of the cross-links identified. Figure 5 shows  
338 the MS/MS spectra of the triply charged intra-chain peptide having a theoretical Mr of 1492.76  
339 and originating from LAN linkage between one of the three serine residues and lysine in the



340 ENLCSTFCKEVVR sequence. The fragmentation of the parent ion yielded 11 y-fragments and  
341 2 b-fragments.

342 Table 4 shows the intensity of 6 LAL (serine-lysine) cross-links found in UHT milk and  
343 Qishta. The average intensity of LAL detected was higher in Qishta than in milk. In fact, average  
344 intensities of LAL 1 and 4 in Qishta were of relative intensity  $4 \times 10^6$  and  $4.32 \times 10^6$   
345 respectively, while these values were  $3.35 \times 10^6$  and  $5.22 \times 10^5$  in milk, respectively. LAL  
346 number 2 and 3 could not be detected in milk. LAL intensity has been used as an indicator of the  
347 severity of heat treatment applied during milk processing (Annan & Manson, 1981; Faist et al.,  
348 2000; Friedman, 1999; Sieber et al. 2007).

349 These results were in line with those of Faist et al. (2000) and Hasegawa et al. (1987),  
350 who detected the presence of LAL in UHT milk Sieber et al. (2007) did not find the LAL  
351 peptide in UHT milk containing 2.7% fat. However, they found LAL in two cheese samples.  
352 Faist et al. (2000) demonstrated that the amount of LAL increased progressively with the  
353 temperature applied during milk processing; the amount of LAL was highest in sterilised milk  
354 and the lowest in raw cows' milk. Their hypothesis was confirmed with the analysis of cheese  
355 samples, where they found that the amount of LAL increased according to the severity of the  
356 process applied during cheese manufacturing.

357 The use of mass spectrometry analysis, to detect the presence of cross-links and to locate  
358 the peptides involved in their formation, is a new approach. To the best of our knowledge, this  
359 analysis has not been applied in milk products except for the study conducted by Rombouts et al.  
360 (2015) who succeeded in quantifying and locating LAL in BSA using tandem mass spectrometry  
361 coupled with higher energy collisional dissociation. As discussed above, two types of LAL were  
362 detected in Qishta; however, they were absent from UHT milk. LC-ESI-MS/MS analysis

363 succeeded in identifying the peptide residue (serine) involved in the  $\beta$ -elimination prior to the  
364 Michael addition with lysine. These identifications were impossible in previous studies which  
365 applied high-performance chromatography methods to quantify the amount of cross-links present  
366 in the samples tested. The analysis of the residual milk during Qishta production (results not  
367 shown) have shown that the intensities of LAL and LAN detected in heated milk were much  
368 higher than that present in UHT milk used for Qishta production. LAL can be used therefore as  
369 an indicator of the heat treatment applied during milk processing.

370         The last cross-link peptide identified was LAL resulting from  $\beta$ -elimination of cysteine  
371 residue. Its  $m/z$  value (587.3213) matched with the theoretical  $m/z$  values of two peptide chains  
372 linked by LAL between two cysteine and lysine residues. A BLAST search confirmed that the  
373 two sequences were present only in milk bovine serum albumin (BSA). This interchain cross-  
374 link connected two BSA molecules. Fig. 6 shows the MS/MS spectra of the triply charged  
375 double-chain peptide having a theoretical Mr of 1758.9639, originating from two peptide  
376 sequences linked with LAL residue between cysteine residue and lysine residues. The  
377 fragmentation of the parent ion yielded 3 y-fragments and 3 b-fragments. Cross-linked amino  
378 acid (CLAA) formation depends on heat treatment, the pH, and the processing time applied  
379 (Donato & Guyomarc, 2009). Nisin and duramycin are examples of protein antibiotics in which  
380 LAN, LAL and HAL can be found naturally (Cartus, 2012). In food matrices, and especially in  
381 milk and dairy products, the presence of DHA resulting from  $\beta$ -elimination of cysteine, serine  
382 and threonine and the extent of use of heat treatment, have led to the increase of the amount of  
383 cross-links present in these kind of products. Friedman (1999) noted the presence of LAL in  
384 different types of milk and succeeded in detecting this cross-link in raw milk but at low  
385 concentration ( $15 \mu\text{g g}^{-1}$  protein).

386           The influence of the presence of cross-links has not been well studied, especially in the  
387 dairy field. Disulphide bonds either present as inter or intra molecular scale have been proved to  
388 have an important impact on the gel strength, firmness, viscosity and elasticity; consequently,  
389 they have a significant impact on the texture of the final product (Buchert et al., 2010). Gerrard  
390 et al. (1998) studied the effect of transglutaminase on casein cross-linking and on gel strength  
391 during yogurt preparation. Lauber and Klostermeyer (2000) also studied the effect of this  
392 enzyme on the dough of white pan bread.

393           Identifying the presence of cross-links such as LAL and LAN and then locating the  
394 amino acids and the peptide sequences involved in such links is of high importance since it  
395 allows the understanding of the mechanism of Qishta formation and confirms the presence of  
396 links other than the disulphide bridges leading to the formation of this product. Further studies  
397 should examine the effect of cross-links on the digestibility of food products, since it has been  
398 reported that increasing the protein network has a negative effect on protein digestibility (Hunt &  
399 Dalglish, 1994).

400           This report represents the first work demonstrating the presence of cross-links in Qishta  
401 and also allowing the identification of the amino acids sequences involved in  $\beta$ -elimination and  
402 Michael addition. Rombouts et al. (2015) demonstrated and located these cross-links in two  
403 different matrices: wheat gliadin and bovine serum albumin, without determining the sequences  
404 involved. LC MS/MS coupled with HCD had the advantage of locating the amino acids involved  
405 in the cross-link formation, allowing us to distinguish between the different sources of DHA and  
406 between the amino acids involved in  $\beta$ -elimination. This technique has been demonstrated to  
407 allow a maximum number of cross-links identified comparing with collision-induced  
408 dissociation (CID), and electron-transfer dissociation (ETD) methods. However, it results in the

409 lowest coverage distribution for the  $\alpha$ peptide ( $\approx 50\%$ ). This issue can be solved by combining  
410 HCD with ETD, which has been proved to give the highest sequence coverage (Kolbowski,  
411 Mendes, & Rappsilber, 2017; Liu, Lössl, Scheltema, Viner, & Heck, 2017).

412

### 413 3.3. *Protein-fat interactions*

414

#### 415 3.3.1. *Milk characterisation before and after heat treatment*

416 Changes in the microstructure of milk during Qishta process were monitored by confocal  
417 microscopy to examine the effect of temperature on interactions between proteins and fat  
418 globules. To achieve this, samples of milk were taken every 2 min, until the formation of Qishta.  
419 It is important to mention that the samples of milk were taken from the same area located near  
420 the flame where temperature varied between 90 °C and 99 °C (known to be its highest). The  
421 kinetic of aggregate formation is shown in Fig. 7. The CLSM image of UHT milk showed a  
422 homogeneous distribution of both proteins and fat globules. Since homogenised UHT milk was  
423 used for Qishta production, small amounts of large fat globules were observed. After 2 min of  
424 heating (at 52 °C), the appearance of new structures was noticed as a result of protein and fat  
425 interaction. At this stage, fat globules had a bigger diameter than that in milk and a spherical  
426 regular shape (Fig. 7B). After 4 min of heating, the amount of aggregates increased and fat  
427 globules had a bigger and more regular spherical shape (Fig. 7C). After six min of heating, the  
428 temperature reached 80 °C and the size of the complexes kept on increasing (Fig. 7D). Since Fast  
429 Green dye labelled both casein and whey protein, it was not possible to distinguish between these  
430 two types of proteins. Whey proteins are known to be more sensitive to temperature than caseins

431 (Donato & Guyomarc, 2009), and caseins can withstand heating at 140 °C for more than 20  
432 min (Fox, 1981).

433 During the heat treatment of whole milk, casein and whey proteins are in competition to  
434 adhere on the milk fat globule membrane (Dalgleish, 1997; Hunt & Dalgleish, 1994; Ye, 2008).  
435 According to the protein concentration, the adhesion reaction between fat globules and milk  
436 proteins will occur. At low protein concentrations, whey proteins will be adsorbed preferentially;  
437 however, at higher protein concentrations (above than 3%), caseins will adhere (Hunt &  
438 Dalgleish, 1994; Ye, 2008). The milk used in our study during Qishta formation contains 3.2%  
439 protein which probably means that casein adsorption to the fat globule will be more pronounced.

440

#### 441 3.3.2. *Mechanism of Qishta formation*

442 After 8 min of heating, the aggregates forming Qishta became visible. The CLSM images  
443 showed a large compact gel of proteins exhibiting an irregular form with a large fat droplet  
444 indicating the coalescence phenomena (Fig. 8A). The individual distribution of proteins showed  
445 that they form a matrix connecting and entrapping fat globules (Fig. 8B,C).

446 The kinetics of Qishta formation can be summarised as follows; an intense evaporation of  
447 water due to the increase in milk temperature occurs, followed by the formation of aggregates  
448 resulting from the interaction between denatured proteins and coalesced fat globules. The CLSM  
449 images showed that aggregate size increased with time, and that the maximum size was reached  
450 after 8 min heating, which corresponds to either a visible gel or to Qishta formation. At this  
451 level, Qishta can be defined as a dehydrated gel consisting of a complex of proteins entrapping  
452 the fat globules. In addition to these complexes, which represent the majority of Qishta, the  
453 CLSM images showed that the structures also obtained at 0, 2, 4 and 6 min were present. These

454 observations could be explained by the heterogenous temperature distribution and by the specific  
455 techniques of heating and skimming used during the production process of Qishta.

456

#### 457 **4. Conclusions**

458

459 Qishta is a widely consumed Lebanese dairy product with an inconsistent composition  
460 that varies depending on handlers, raw material, and the process applied for its production.

461 Qishta's texture is one of these parameters that varies from a producer to another. Understanding

462 the mechanisms leading to Qishta formation is of high importance since it helps to improve its

463 process. This study succeeded in identifying the presence of cross-links, other than the

464 disulphide bridges, such as LAL and LAN, and then locating the amino acids and the peptide

465 sequences involved in such links. Further studies are required to study the effect of cross-links on

466 the digestibility of food products, since it has been reported that increasing the protein network

467 has a negative effect on protein digestibility and on the relation between the presence of these

468 cross-links and the strength of the coagulum. Finally, this study demonstrated that the presence

469 of cross-links could be used as an indicator of the severity of the heat treatment applied, and this

470 should be further investigated.

471

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473

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478

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1 **Figure legends**

2

3 **Fig. 1.** Individual percentages of the 6 major proteins present in UHT milk (■) and Qishta (□)  
4 obtained by mass spectrometry analysis; the percentage of each protein was obtained by dividing  
5 the individual abundance by the total abundance.

6

7 **Fig. 2.** The difference in protein intensity (grey value) of Qishta analysed under reducing  
8 conditions (—) and under non-reducing conditions (---). The electropherogram was converted  
9 by image converter software and then analysed using ImageJ software.

10

11 **Fig. 3.** The mechanism of LAL and LAN formation:  $\beta$ -elimination of cystine, cysteine or serine  
12 resulting from dehydroalanine formation, Michael addition of lysine or cysteine yielding LAL or  
13 LAN, respectively.

14

15 **Fig. 4.** MS/MS spectrum of double peptide sequence DDQNPSSNICNISC DK and  
16 FLDDDLTDDIMCVK linked by LAL derivative from serine and lysine interaction. These  
17 peptide sequences were found in  $\alpha$ -lactalbumin. Amino acids are referred to with their  
18 abbreviation code.

19

20 **Fig. 5.** MS/MS spectrum of the intra chain LAN cross-link between two cysteines in the peptide  
21 sequence. This peptide sequence was found in  $\alpha_{S2}$ -CN in Qishta. Amino acids are referred to  
22 with their abbreviation code.

23

24 **Fig. 6.** MS/MS spectrum of the double peptide sequence NECFLSHK and SLGKVGTR linked  
25 by LAL derivative from cysteine and lysine interactions. These peptide sequences were found in  
26 the bovine serum albumin in Qishta. Amino acids are referred to with their abbreviation code.

27

28 **Fig. 7.** Visualisation of milk fat globules and proteins with confocal microscopy before heat  
29 treatment (A) and after 2, 4, and 6 min of heating (B, C and D, respectively). Fat globules appear  
30 in red while protein appears in green.

31

32 **Fig. 8.** Visualisation of proteins (green) and fat (red) in Qishta (A); protein distribution (B) and  
33 fat droplet distribution (C).

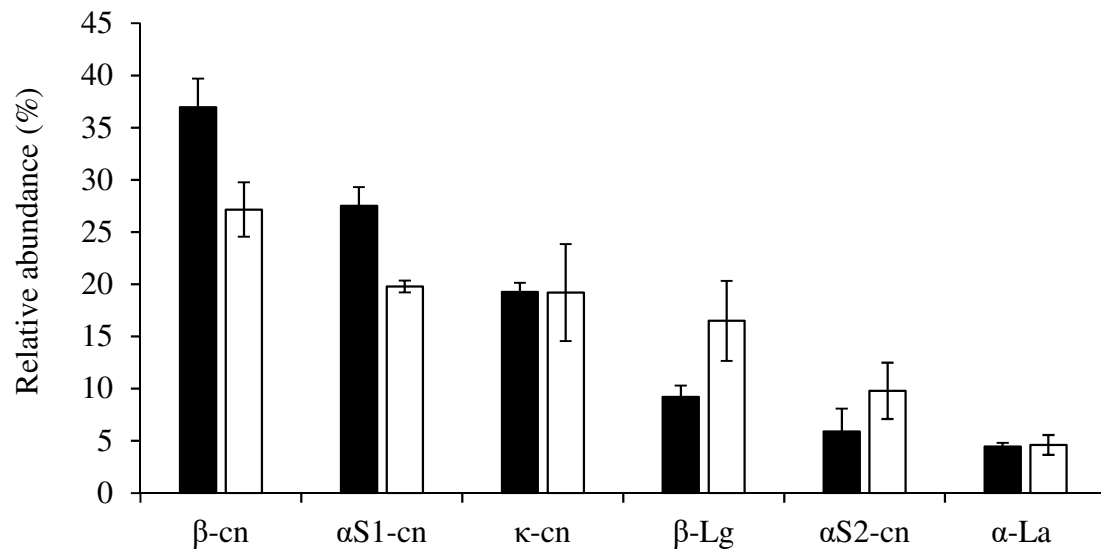


Figure 1



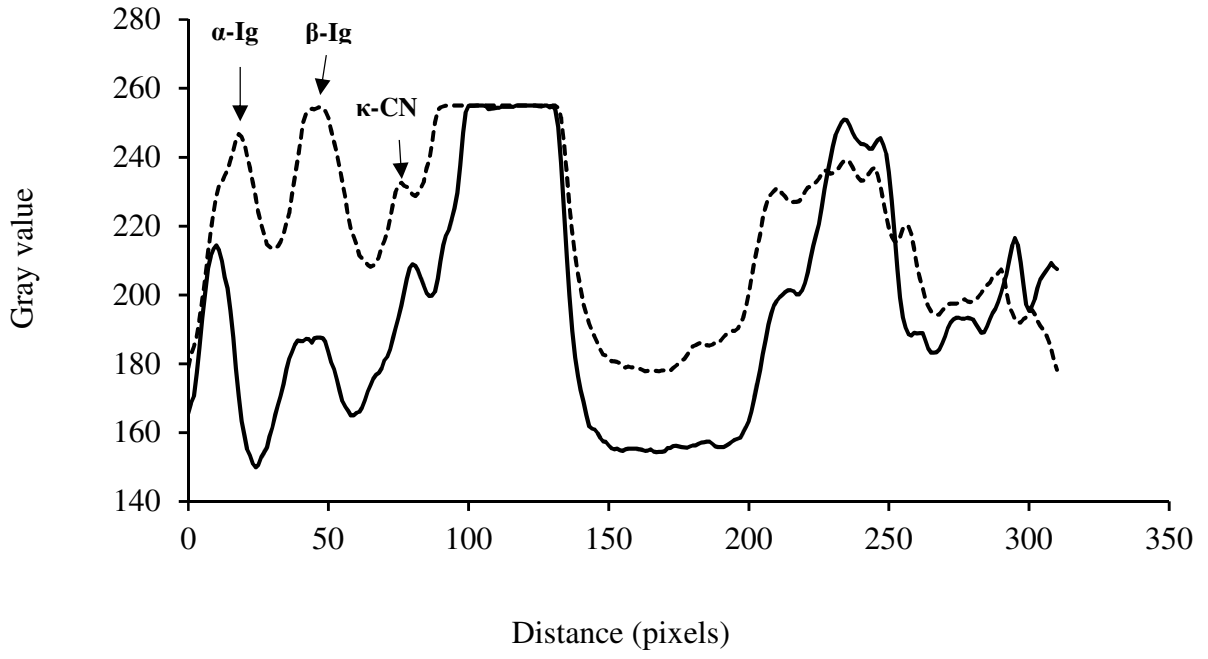


Figure 2

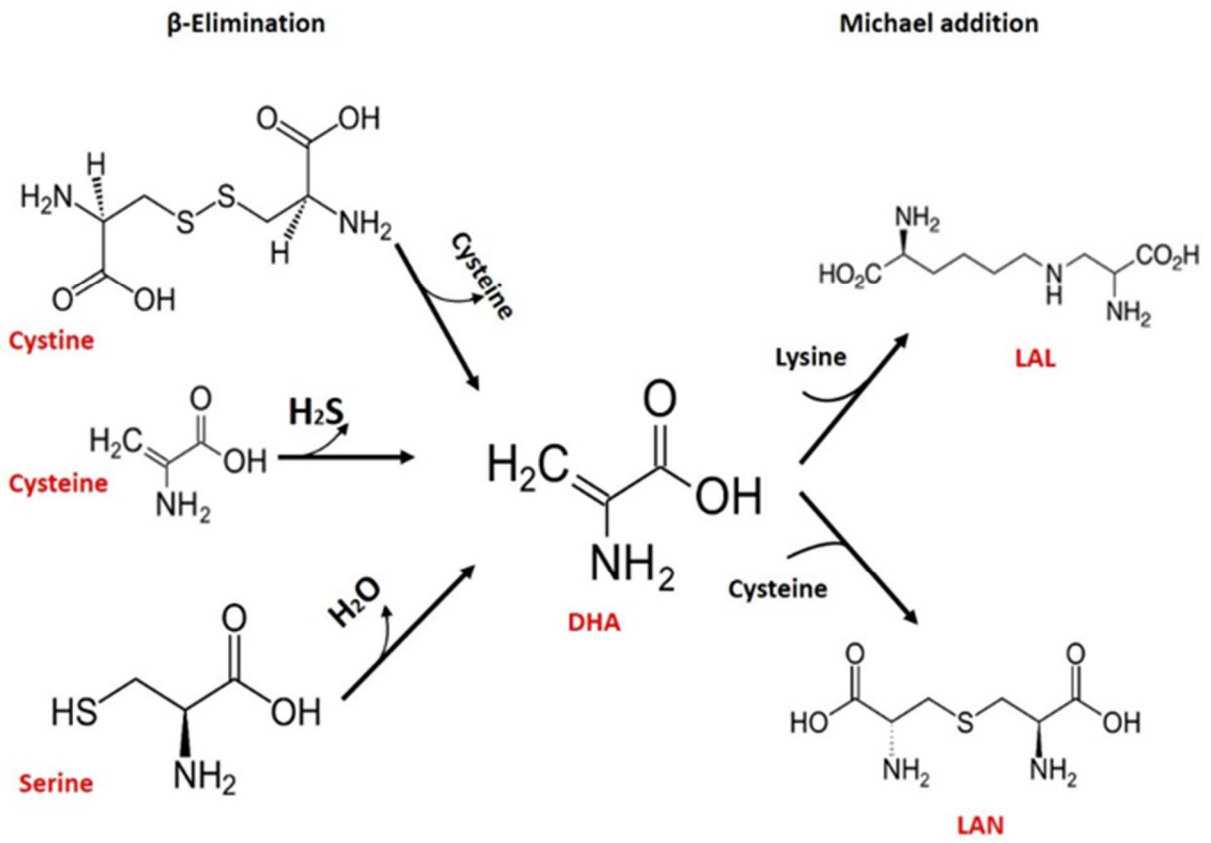


Figure 3

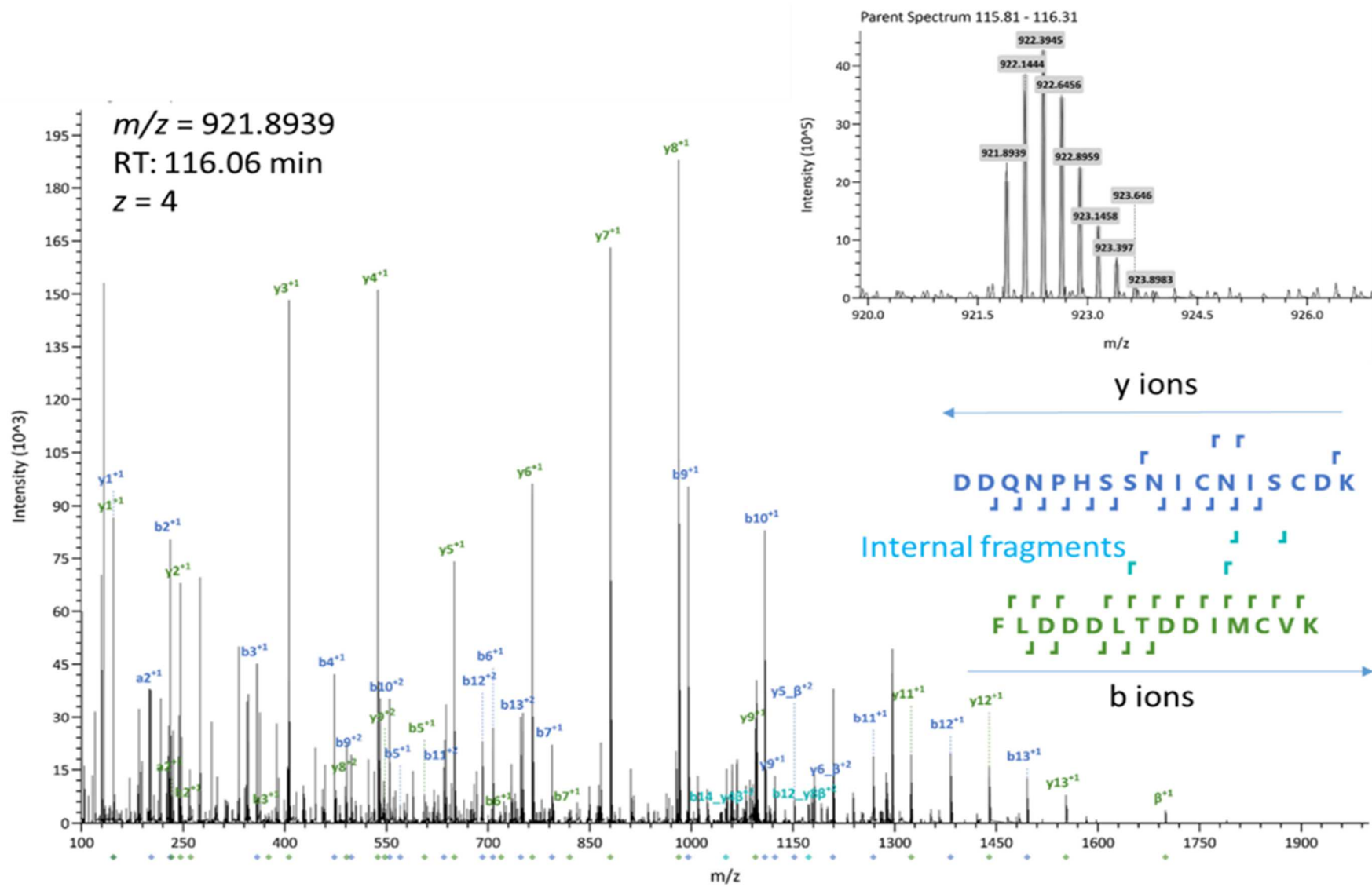


Figure 4

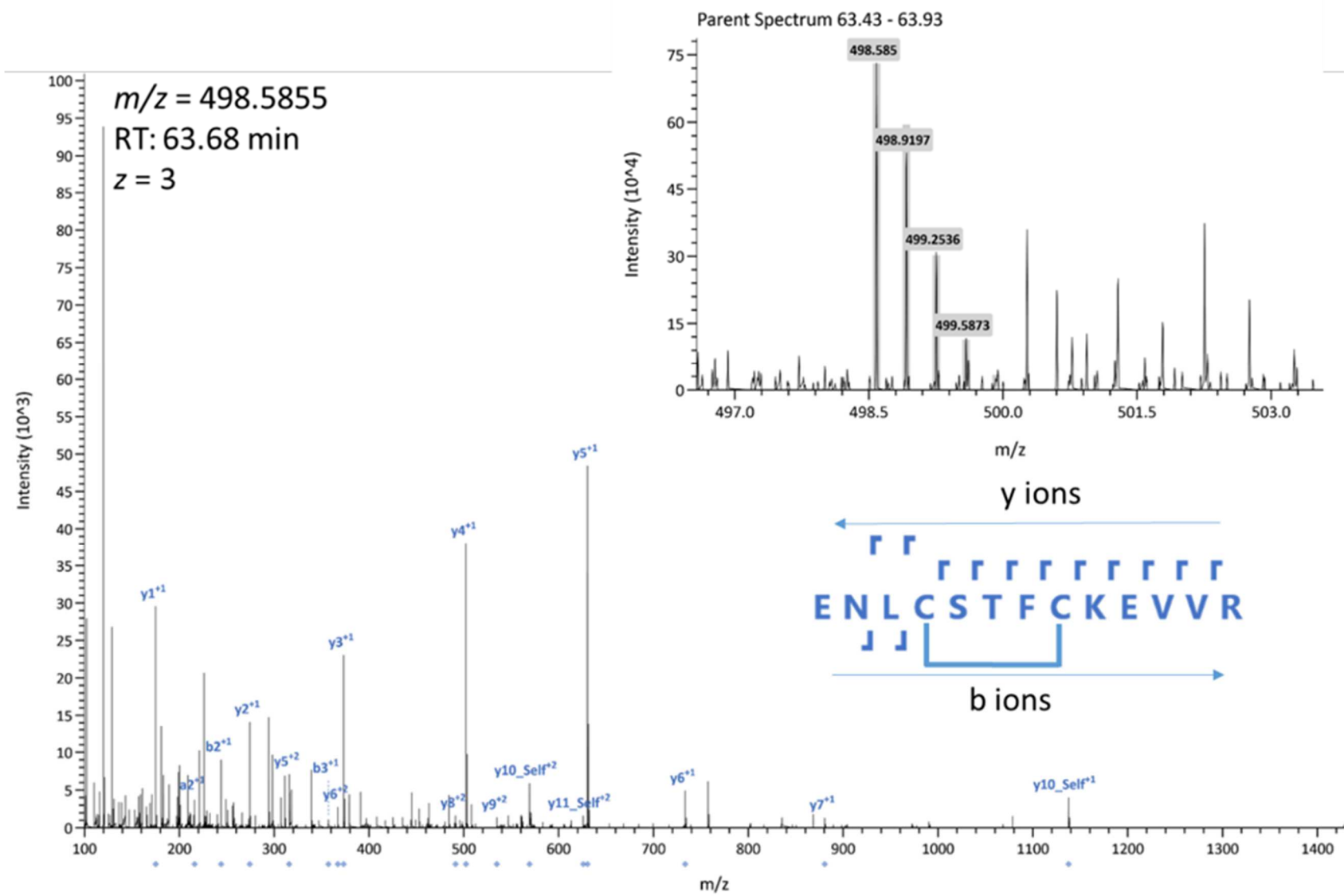


Figure 5

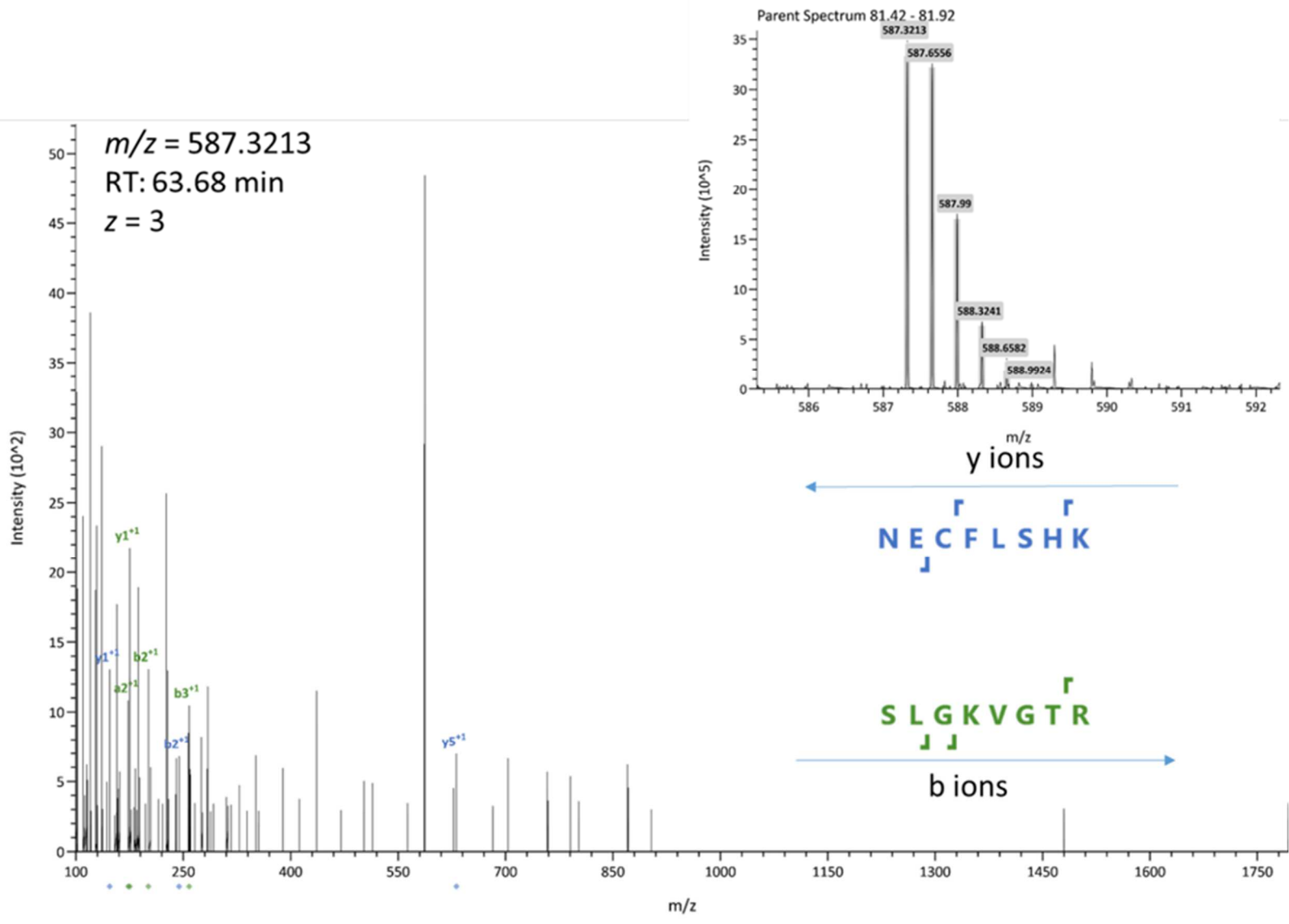


Figure 6

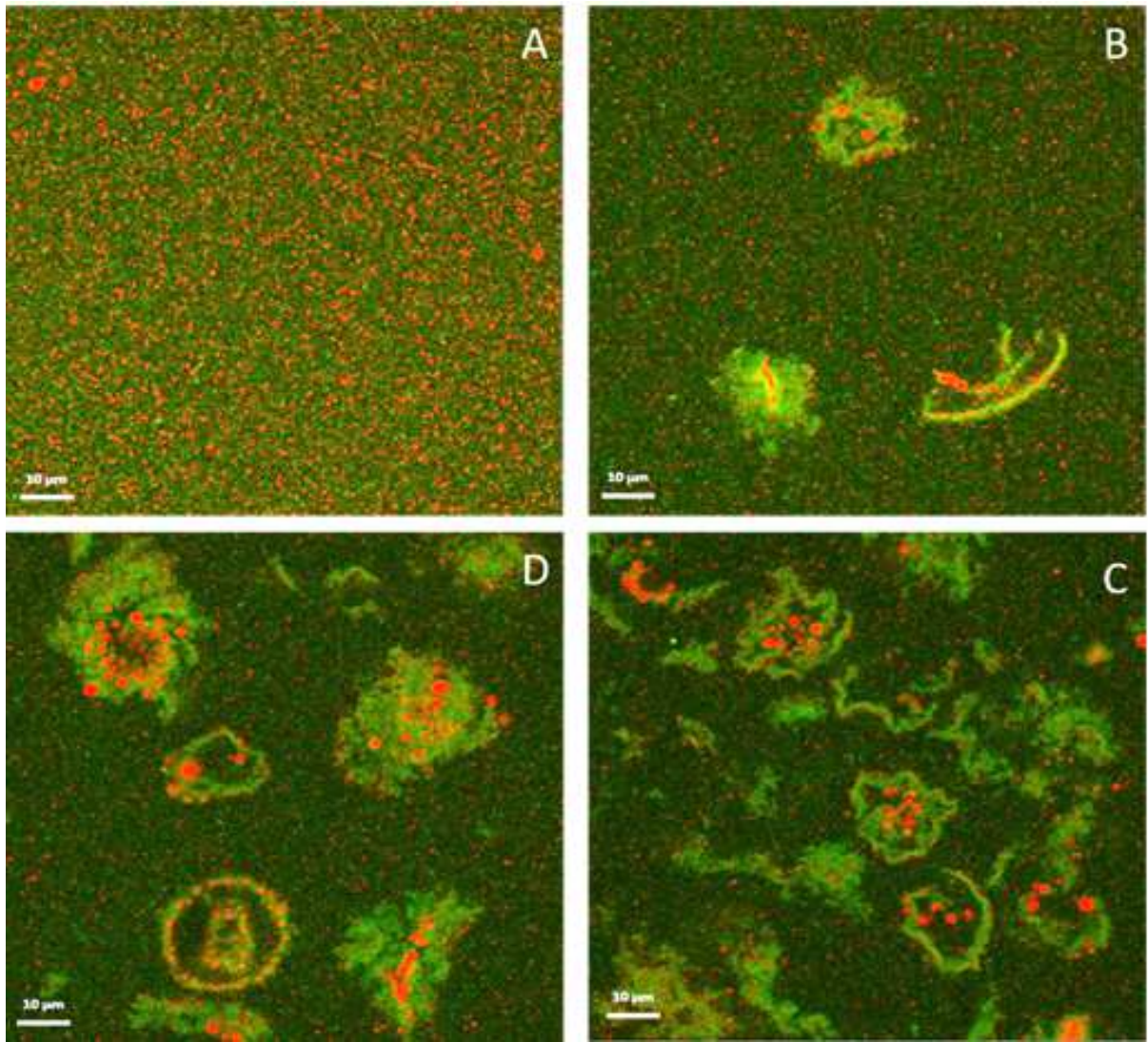


Figure 7

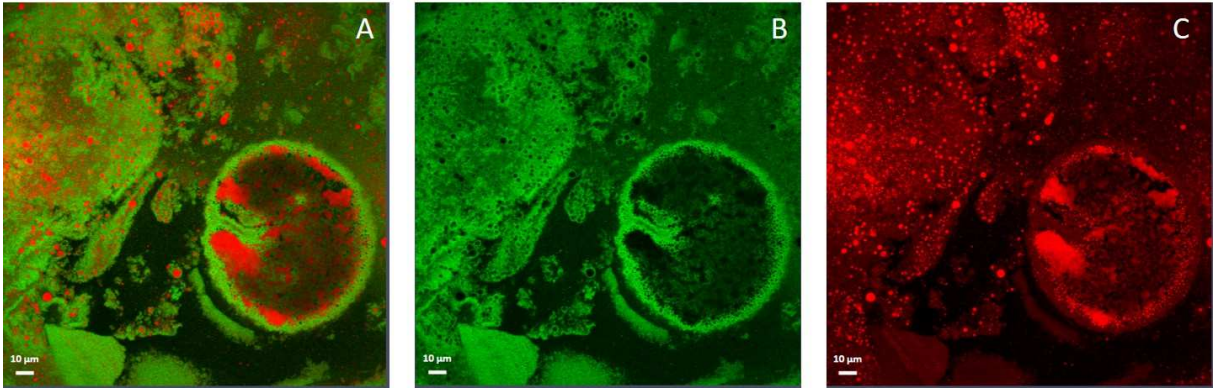


Figure 8

**Table 1**Average relative abundance of the proteins present in milk and Qishta. <sup>a</sup>

Protein	UHT milk	Qishta
$\beta$ -Casein	382518 $\pm$ 27334	348378 $\pm$ 96824
$\alpha_{S1}$ -Casein	274999 $\pm$ 58068	186559 $\pm$ 5682
$\kappa$ -Casein	178523 $\pm$ 8670	198968 $\pm$ 46452
$\beta$ -Lactoglobulin	96122 $\pm$ 11083	123990 $\pm$ 38322
$\alpha_{S2}$ -Casein	52432 $\pm$ 21994	76506 $\pm$ 26965
$\alpha$ -Lactalbumin	41804 $\pm$ 3573	39050 $\pm$ 9497
Lactadherin	863 $\pm$ 27	948 $\pm$ 231
Serum albumin	394 $\pm$ 14	450 $\pm$ 70
Lactoferrin	364 $\pm$ 29	435 $\pm$ 123

<sup>a</sup> Each sample was analysed in triplicate.



**Table 2**

Casein and whey protein distribution in UHT milk obtained by our mass spectrometry analysis compared with those in fresh raw milk and Swedish UHT milk. <sup>a</sup>

Protein	UHT milk (%)	Swedish UHT (%)	Fresh raw milk (%)
Casein	86.4	87.4	83.0
β-Casein	37.0	44.1	27.1
α <sub>S1</sub> -Casein	27.5	30.5	26.0
κ-Casein	15.9	4.2	10.0
α <sub>S2</sub> -Casein	6.0	8.6	10.0
Whey protein	13.6	12.6	17.0
β-Lactoglobulin	9.2	9.4	11.0
α-Lactalbumin	4.4	3.2	4.3

<sup>a</sup>Data from Dalglish (1993), Heck et al. (2009), and Karlsson et al. (2017).

**Table 3**  
Double chain peptides containing LAL and LAN. <sup>a</sup>

Sample	Theoretical Mr and charge state	Detected <i>m/z</i>	Elution time	Error (ppm)	Protein 1	Peptide sequence 1	Theoretical Mr monoisotopic of peptide sequence 1	Localisation on protein 1	Protein 2	Peptide sequence 2	Theoretical Mr monoisotopic of peptide sequence 2	Localisation on protein 2	Crosslink site 1	Crosslink site 2
LAL between serine and lysine														
Q1-1	(1) 925.8921	925.8931	105.48	-1.08	sp P00711 20-142 LALBA_BOVIN	DDQNP <b>HSSNICNISC</b> DK	2002.8108	63-79						
Q1-2	(z = 4)	925.8931	105.66	-1.08					sp P00711 20-142 LALBA_BOVIN	FLDDDLTDDIM <b>CVK</b>	1714.7429	80-93	S7	K12
Q1-3		925.8929	105.66	-0.86									S8	S14
LF-1		925.8934	105.31	-1.40										
LF-2		925.8931	106.36	-1.08										
LF-3		925.8932	106.56	-1.19										
Q1-1	(2) 921.8939	921.8944	115.92	-0.54										
Q1-2	(z = 4)	921.8942	116.39	-0.33	sp P00711 20-142 LALBA_BOVIN	DDQNP <b>HSSNICNISC</b> DK	2002.8108	63-79	sp P00711 20-142 LALBA_BOVIN	FLDDDLTDDIM <b>CVK</b>	1698.7480	80-93	S7	K12
Q1-3		921.8943	116.31	-0.43									S8	S14
LF-1		x	x	x										
LF-2		x	x	x										
LF-3		x	x	x										
Q1-1	(3) 957.9172	957.9168	95.45	0.42	sp P00711 20-142 LALBA_BOVIN	DDQNP <b>HSSNICNISC</b> DK	2002.8108	63-79	sp P00711 20-142 LALBA_BOVIN		1842.8379	80-94	S7	K12
Q1-2	(z = 4)	x	x	x						FLDDDLTDDIM <b>CVKK</b>			S8	S14
Q1-3		957.9168	95.04	0.42										
LF-1		x	x	x										
LF-2		x	x	x										
LF-3		x	x	x										
Q1-1	(4) 677.3094	677.3095	59.92	-0.15										
Q1-2	(z = 3)	677.3099	60.39	-0.74										
Q1-3		677.3095	59.45	-0.15										
LF-1		677.3094	59.47	0										
LF-2		677.3094	60.07	0										
LF-3		677.3094	60.06	0	sp P02663 16-222 CASA2_BOVIN	N <b>MAINPSK</b>	889.4327	25-32	Isp P02663 16-222 CASA2_BOVIN	ENLCST <b>FCK</b>	1157.4844	33-41	S7	K9
Q1-1	(5) 648.5323	648.5322	50.86	0.15							605.2995	59-62	S7	K4
Q1-2	(z = 4)	648.5322	51.25	0.15			2002.8108						S8	S14
Q1-3		648.5322	50.29	0.15	sp P00711 20-142 LALBA_BOVIN	DDQNP <b>HSSNICNISC</b> DK			sp P00711 20-142 LALBA_BOVIN	I <b>WCK</b>				
LF-1		648.5322	50.32	0.15										
LF-2		648.5322	50.91	0.15										
LF-3		648.5322	50.97	0.15										
Q1-1	(6) 465.9223	465.9223	30.54	0										
Q1-2	(z = 3)	465.9223	30.65	0	sp P02663 16-222 CASA2_BOVIN	I <b>SQR</b>	502.28639	167-170		EAMAP <b>KHK</b>	910.4695	100-107	S2	K6
Q1-3		465.9224	30.26	-0.21										
LF-1		465.9223	29.54	0					sp P02666 16-224 CASB_BOVIN					
LF-2		465.9223	29.60	0										
LF-3		465.9223	30.30	0										
LAN between two cysteines														
Q1-1	(7) 498.5855	498.5854	63.81	0.20										
Q1-2	(z = 3)	498.5854	63.92	0.20	sp P02663 16-222 CASA2_BOVIN	ENLCST <b>FCKEVVR</b>	1526.7221	33-45					C4	C8
Q1-3		498.5855	63.67	0										
LF-1		498.5854	63.67	0.20										
LF-2		498.5854	64.11	0.20										
LF-3		498.5854	64.08	0.20										
Q1-1	(8) 619.2674	619.2674	37.66	0										
Q1-2	(z = 3)	619.2675	37.74	-0.16										
Q1-3		619.2673	37.32	0.16										
LF-1		619.2673	37.12	0.16										
LF-2		619.2673	37.49	0.16										
LF-3		619.2673	37.40	0.16	sp P00711 20-142 LALBA_BOVIN	DDQNP <b>HSSNICNISC</b> DK	1888.7680	63-79					C11	C15
LAL cysteine and lysine														
Q1-1	(9) 587.3213	587.3198	80.80	2.55										
Q1-2	(z = 3)	587.3198	81.75	2.55	sp P02769 25-607 ALBU_BOVIN	NE <b>CFLSHK</b>	976.4436	123-130		SLG <b>KV</b> GTR	816.4817	452-459	C3	K4
Q1-3		587.3199	81.43	2.38					sp P02769 25-607 ALBU_BOVIN					
LF-1		587.3198	80.75	2.55										
LF-2		587.3199	81.41	2.38										
LF-3		587.3201	81.60	2.04										

<sup>a</sup> The error was calculated from the absolute difference between the theoretical and detected molecular masses (Mr) divided by the theoretical Mr and multiplied by 106. Amino acids in bold red font are those involved in cross-links; post translational modifications are highlighted in bold black font.

**Table 4**

Intensity of the LAL cross-links, resulted from the  $\beta$ -elimination of serine and condensation with lysine, present in UHT milk and Qishta. <sup>a</sup>

<i>m/z</i>	Number	Qishta intensity	Average	St dev	Milk intensity	Average	St dev
925.8931	1	7.95E+06	4.00E+06	2.64E+06	3.08E+06	3.35E+06	5.78E+05
		1.83E+06			2.76E+06		
		2.21E+06			4.22E+06		
921.8943	2	4.60E+06	3.60E+06	1.28E+06	0.00	0.00E+00	0.00E+00
		1.68E+06			0.00		
		4.53E+06			0.00		
957.9168	3	2.27E+06	1.12E+06	7.69E+05	0.00	0.00E+00	0.00E+00
		0.00			0.00		
		1.08E+06			0.00		
677.3095	4	8.72E+06	4.32E+06	2.93E+06	5.18E+05	5.22E+05	6.47E+04
		6.83E+05			6.19E+05		
		3.56E+06			4.29E+05		
648.5322	5	8.54E+06	3.21E+06	3.55E+06	1.32E+06	1.20E+06	2.68E+05
		4.25E+05			7.98E+05		
		6.58E+05			1.48E+06		
465.9223	6	3.68E+06	2.49E+06	7.96E+05	8.42E+05	1.30E+06	4.04E+05
		2.14E+06			1.91E+06		
		1.64E+06			1.16E+06		

<sup>a</sup> Analyses were done in triplicate.

**Table 5**  
Double chain peptides containing LAL. <sup>a</sup>

Theoretical Mr and charge state	Detected <i>m/z</i>	Elution time	Error (ppm)	Protein 1	Peptide sequence 1	Theoretical Mr monoisotopic of peptide sequence 1	Localisation on protein 1	Protein 2	Peptide sequence 2	Theoretical Mr monoisotopic of peptide sequence 2	Localisation on protein 2	Crosslink site 1	Crosslink site 2
(1) 677.3117 ( <i>z</i> = 3)	677.3096	47.88	3.10	p P02663 16-222 CASA2_BOVIN	NMAIN <b>PSK</b>	889.4327	25-32	sp P02663 16-222 CASA2_BOVIN	ENLCST <b>FCK</b>	1157.4844	33-41	S7	K9
(2) 671.9781 ( <i>z</i> = 3)	671.9780	55.60	0.15	sp P02663 16-222 CASA2_BOVIN	NMAIN <b>PSK</b>	873.4379	25-32	sp P02663 16-222 CASA2_BOVIN	ENLCST <b>FCK</b>	1157.4844	33-41	S7	K9
(3) 885.1151 ( <i>z</i> = 3)	885.1146	76.28	0.56	sp P02663 16-222 CASA2_BOVIN	<b>L</b> TEEEK	747.3651	153-158	sp P02663 16-222 CASA2_BOVIN	<b>HYQK</b> ALNEINQFYQK	1922.96394	77-91	T2	K4

<sup>a</sup> The error was calculated from the absolute difference between the theoretical and detected molecular masses (Mr) divided by the theoretical Mr and multiplied by 106. Amino acids in bold red font are those involved in cross-links; post translational modifications are highlighted in bold black font.